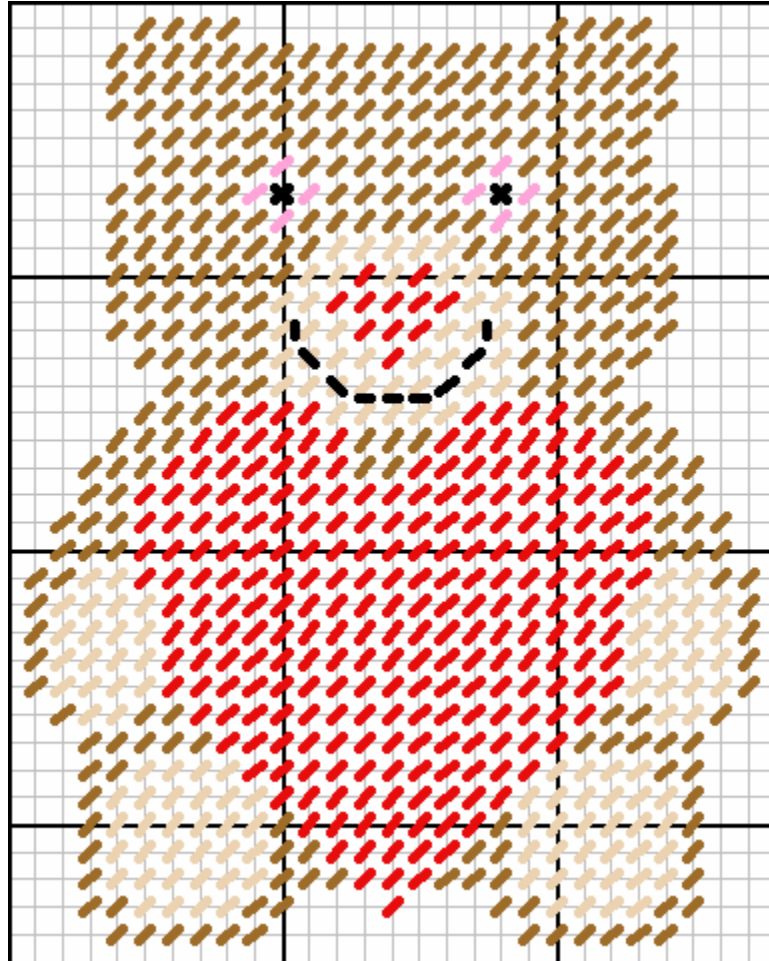


Plastic Canvas Patterns by Mountain Harmony Creations  
Bear & Heart

January 2006

**Bear & Heart (solid heart)**

This pattern can be used for a large magnet or coaster, as a rectangular piece or shaped (cut around stitched area).  
It can also be used for a small Tote Bag or Gift Bag.  
(See Tote Bag instructions below.)



Size: 28 x 35

Colors: Red, Brown, Tan, Black, White (charted as Pink), or other desired colors.

For a shaped item, cut around stitched area.

For a rectangular item, fill in background with desired color in Continental stitch.

Tote Bag:

Cut and stitch 2 of the 28 x 35 pieces for Front & Back.

Cut 1 piece 28 x 14 for bottom, and leave unstitched.

Cut 2 pieces 21 x 14 (for sides). Stitch in Continental stitch with desired background color.

Whipstitch the Front, Back and Sides to the Bottom piece.

Whipstitch the Sides to the Front & Back pieces.

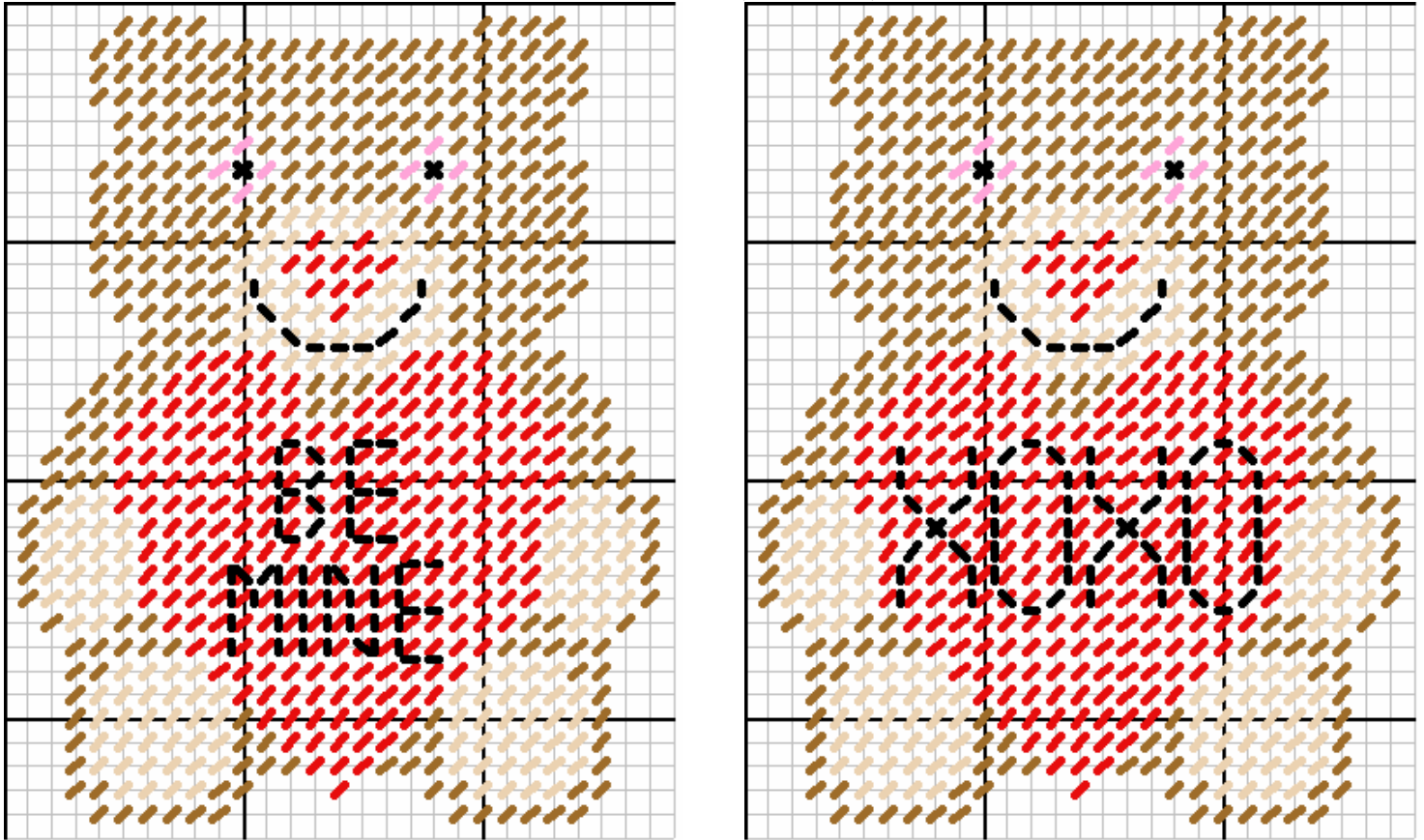
Overcast all of the open edges.

Attach desired handle: ribbon, a strip of stitched plastic canvas to match... or ??

Plastic Canvas Patterns by Mountain Harmony Creations  
Bear & Heart

January 2006

Bear & Heart (with Text)



Size: 28 x 35

Colors: Red, Brown, Tan, Black, White (charted as Pink), or other desired colors.

For a shaped item, cut around stitched area.

For a rectangular item, fill in background with desired color in Continental stitch.

Both patterns above can also be used for Tote Bag Front/Back pieces if desired.